

# A Bit of Stitch

## Quilt Block Baby Door Hanger

### Materials you will need:

- 1 Completed Baby Quilt Block
- 2/3 yard of 1 ½" wide contrast fabric strip  
(cut on the straight grain)
- Fabric for backing (same as contrast fabric strip)
- Polyester quilt batting
- 12" of narrow ribbon for the hanger
- 6" of narrow ribbon for bows (optional)
- Fiberfill stuffing
- Lavender pellets or Rosemary leaves



1. Trim the finished quilt blocks leaving a ¼" selvage past the outline stitching. Trim all layers evenly.
2. Sew the 1- ½" wide fabric strips to both vertical sides of the quilt block with a ¼" seam allowance. To be sure the block's outline stitches are covered, sew from the back of the block, stitching just to the inside of the outline stitching line.
3. Sew the fabric strips to the top and bottom of the quilt block. Press the seam allowances toward the selvage taking care not to iron the quilted block. Cut 1 piece of backing fabric the same size as the strip finished quilt block.
4. Baste the ribbon hanger to the right side of the quilt block aligning the raw edges of the ribbon with the selvage edge of the quilt block at the top. Space the ribbon ends evenly, approximately 3" apart. (The ribbon loop should be hanging down toward the bottom of the block. Roll up the loop and pin in the center of the block temporarily.)
5. Placing right sides together, sew the backing fabric to the quilt block with a 1/4" seam allowance. Leave a opening in the center bottom of the block for turning. Clip the corners. Turn right side out. Steam gently to encourage the seams to flatten.
6. Stuff the block with a small amount of fiberfill stuffing. Insert a teaspoon of lavender pellets or rosemary leaves. Sew up the opening by hand. Stitch in the ditch around the block, sewing immediately on top of the seam where the contrasting fabric strip joins the block.
7. Secure small bows to the top of the block at each ribbon hanger side with a drop of fabric glue or a few hand stitches.

Enjoy your baby door hanger!

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